

# METHOD DESCRIPTION

## Name of the method

"Buddy Sweden", an individual method of integration, founded by the Stockholm Red Cross department for humans rights, now we try to start it with students from C3L, Tyresö.

## **Target group**

Migrants who want to get integrated with the help from an established native Swedish persons, who are interested in a how it is to come to Sweden, how another culture works and to discuss with persons with a different background.

## **Short description**

The Red Cross is the organizer of this method. Interested Swedish persons are called to an interview and there is their profile created. Later it is matched with a migrant and if there is one matching profile, they meet at the local Red Cross meeting point. They are expected to see each other at least 6 hours/month. Six weeks after the first meeting an assessment is being done by the local Red Cross activity leader.

#### Aims

The aim is that an established relation is to last at least 6 months. By such a relation, the integrations works in a smooth way and it feels probably very nice to get to know a native person as well as a Swedish person feels comfortable by getting to know another culture.

#### Setting / Resources needed

A local branch of Red Cross or a similar organization that has the resources to handle a method like this, aimed at e.g. human rights for migrants in general as well as refugees, stateless persons, asylum seekers among others.

#### Outcomes

A better way to get integrated in a new culture as well as a relaxing informal way to learn the new language and its culture. The social relations are important in this method.